

Dr. Littzi Pioneers Mesotherapy Treatments for Anti-aging

One of the best kept anti-aging therapies in France has now arrived to the United States and both men and women are candidates for this fantastic anti-aging therapy. Dr. Littzi is a Harvard trained dermatologist specializing in cosmetic dermatology. She trained in France with the top mesotherapists and is one of the first physicians in USA to perform mesotherapy. She has received a diploma from France and is a member of the prestigious American Academy of Aesthetic Mesotherapy.

Q: Dr Littzi, What is Mesotherapy?

Mesotherapy is a European technique which has been used in Europe for various conditions. Mesotherapy is a method of delivering medications, vitamins, minerals and collagen stimulants directly into the skin to achieve more rapid results than would otherwise be achieved by the application of creams or oral supplementation. Mesotherapy is most commonly used to treat cellulite and localized fat.

It is also used for anti-aging of the face or so called Mesolifting. Mesolift is a preventative as well as therapeutic treatment for aging skin. Micro injections of vitamins and other supplements into the face, neck and decollete rejuvenate the skin, increase tone and improve texture. Repeated treatments will slow the process of aging skin.

Q: What is injected?

For cellulite and fat, a cocktail which promotes fat burning and increased circulation is used. For mesolifting, a cocktail of vitamins and collagen building substances are used. The formulas may be individualized for each patient.

Q: How many sessions are recommended?

Cellulite and fat reduction in a very fit person may only take 3 weekly sessions. Other patients with more significant cellulite and fat problems could take 6-12 sessions. A healthy diet and exercise are also encouraged. Mesotherapy is not meant to replace diets -it will enhance and improve the effects of a good diet and exercise program.

Mesolift as a prevention and therapy is recommended in the following schedule:

Ages 25-35 with minimally damaged skin: 2 treatments done every 4 weeks and then every 2-3 months as needed.

Ages 35-45 with moderate damage: 2 treatments every 2 weeks and then every 1-2 months as maintenance.

Ages 55+ with visible damage and aging: 4 treatments every 2 weeks and every month.

This amazing procedure has no downtime and is a must for the individual who would like to fight

the aging process with minimally invasive technology. Dr. Littzi recommends this treatment to all of her cosmetic patients as the most effective prevention in skin aging to date.