

Botox® Long Term Safety Study

Since 1987 physicians have compiled a study of the safety of Botox® used for aesthetic procedures. Data from their study shows that when Botox® is used over an extended period of time there have been no adverse events reported. Even though there has been years of experience with the use of Botox® this is the first study to touch on the safety of Botox® with long-term use.

Dr. Jean Carruthers, an ophthalmologist, and her husband Dr. Alastair Carruthers, a dermatologist discovered the use of Botox® for cosmetic use due to a patient of Dr. Jean Carruthers. Her patient had a rare eye disorder and received Botox® injections for her extensive wrinkles between her brows due to her eye disorder. When asked why she kept up her Botox® treatments she explained that her troubled expression disappeared and she looked more relaxed. Both doctors were pleased to start using the revolutionary product Botox® in both practices to help enhance their patients appearance.

In the Botox® safety study there were 853 treatments performed, 99 percent of the treatments reported no adverse events. The reported adverse events from the Botox® treatments include two cases of mild bruising, one injection discomfort and four cases of brow or eyelid drooping. No events were rated serious or severe, all were deemed temporary. Adverse events did not increase due to repeat treatments.

The uses for Botox® have dramatically increased. It is now used between brows, forehead, lower lids, around mouth and in the neck to reduce wrinkles. It can be used to sculpt the face along with fillers.

Although, Botox® is the only effective muscular injectable used in Dr. Littzi's office, when combined with restylane and photorejuvenation, Fraxel or Titan superior results. The restylane fills in lines which Botox® won't erase and Fraxel or photorejuvenation reduces pore size, improves texture and reduces irregular pigmentation on the skin's surface. Titan, is a new non-surgical skin tightening procedure for face, neck, abdomen and arms.

In addition our office sells topical Botox-like skin creams which may enhance the effects of the Botox® injections.

Many patients have concerns about Botox® and its long term side effects. We think this study should assuage fears of new patients.

Dr. Littzi has great expertise with Botox® and has been injecting Botox® since its FDA approval.